

<b>TEACHERS:</b>	*Yamile Rodríguez Cadena (yamile.rodriguez@iedtecnicointernacional.edu.co)	<b>LEVEL:</b>	7 <sup>th</sup>	<b>WEEK:</b>	<b>10</b>
<b>DEADLINE:</b>	9-04-2021	<b>TRIMESTER:</b>	I	<b>SUBJECT:</b>	ENGLISH
		<b>AREA:</b>	HUMANIDADES		

<b>TOPICS:</b>	Healthy life styles	<b>SKILLS:</b>	Vocabulary and reading comprehension
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<b>STUDENT'S NAME:</b>		<b>COURSE:</b>	60__
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**“APRENDE EN CASA” WORKSHOP No. 5 – Week 10**

**1. READING:**

- a) Read the Sheila’s and Mike’s daily routines and complete the blanks with the verbs –actions- in the correct form. Write them in a list. (Lee las rutinas diarias de Sheila y Mike y completa los espacios con los verbos – acciones- en su forma correcta. Escríbelos en una lista). Example:

<i>Sheila's routine</i>	
go	goes
come	comes

<i>Mike's routine</i>	
get	gets
not have	does not have

REMEMBER! (¡RECUERDA!)

**Present Simple Spelling Rules**  
Most verbs takes –s in the third person singular. (He/ She/ It)

<b>1</b>	<b>- ss, -sh, -ch, -x, -o</b>	→	<b>-es</b>
			I miss- he misses I finish- he finishes I watch- he watches I mix- he mixes I go- he goes
<b>2</b>	<b>2 consonant + y</b>	→	<b>-ies</b>
			I study - he studies I cry- he cries
<b>3</b>	<b>a vowel + y</b>	→	<b>-s</b>
			I play- he plays

## HEALTHY OR UNHEALTHY HABITS?

### 1. Read two stories about Sheila and Mark and give the correct form of the verbs.

**Sheila** is 12 years old. She (go) ..... to school in the morning and (come) ..... back home at 2 in the afternoon. Then, she (take) ..... a shower and she (have)..... lunch. She usually (eat)..... vegetables and some meats. For example, she (have)..... chicken or fish with rice and salad and she (like)..... drinking water or juice. After that, she (brush)..... her teeth. In the evening, sheila (walk)..... to the sports center. There, she (play)..... tennis or (do)..... some exercise. When she (be)..... hungry, she always (eat)..... some fruit. Sheil never (go)..... to bed after ten because she (need)..... to get enough rest to get up early in the morning.



**Mark** always (get)..... up at twelve in the morning. He (not have)..... breakfast. Mark (like)..... having hamburgers, pizza, crisps and hot dogs for lunch. He always (have) ..... fizzy drinks like cola. So there (be)..... any vegetables or fruit at home. After lunch, he (take)..... the bus and (go)..... to school - six blocks far away. At six o'clock, Mark (go)..... to the bus stop and (come)..... back home. He (sit)..... on his dad's sofa and (watch)..... TV for three hours. When he (be)..... hungry, he (eat)..... lots of sweets or chocolate biscuits and he always (drink)..... cola. He usually (go)..... to sleep at eleven or twelve because before that he (like)..... playing computer games. He usually (stay)..... at home all day at weekends.





### 2. ONLINE GAME

Solve the online game in this link (Resuelve el juego en línea en el siguiente enlace).

[https://es.liveworksheets.com/worksheets/en/English\\_as\\_a\\_Second\\_Language\\_\(ESL\)/Healthy\\_Habits/Healthy\\_Habits\\_fz888706ha](https://es.liveworksheets.com/worksheets/en/English_as_a_Second_Language_(ESL)/Healthy_Habits/Healthy_Habits_fz888706ha)

Match the healthy habit with the corresponding picture (Une el hábito sano con la imagen correspondiente).

My healthy habits' matching

I take a shower.	<input type="radio"/>	<input type="radio"/>	
I wear clean clothes.	<input type="radio"/>	<input type="radio"/>	
I comb my hair.	<input type="radio"/>	<input type="radio"/>	

### ATTENTION!

When you finish, clic on ¡Terminado! And in "Comprobar mis respuestas"; then, send a screenshot to the teacher. (Cuando termines, haz clic en ¡Terminado! Y en "Comprobar mis respuestas"; luego, envía una captura de pantalla a la profesora.)

